



Anderson Township Senior Center

7970 Beechmont Avenue
Anderson Township, OH 45255
Office 513.474.3100

December 2022

Dear Friend of the Anderson Township Senior Center,

We all have a goal of active, healthy aging for ourselves and for the ones we love. Health experts tell us the factors that extend and improve the quality of our lives include exercise for our bodies and for our brains, socialization, and friendship, continued learning, and creative engagement.

- *Today*, seniors living in Anderson Township and other nearby communities are fortunate to have access to the life enhancing programs offered each day at the Anderson Township Senior Center.
- *Today*, through strength training, aerobic exercise, pickleball, and self-defense programs, seniors are improving fitness and building brain power.
- *Today*, through painting, woodworking, quilting, and needle arts programs, seniors are expressing their creativity and developing talents.
- *Today*, through our daily lunch program, book club, movie presentations, and trips to area attractions, seniors are meeting new people and developing new friendships.

2022 has been a very successful year at the Anderson Township Senior Center. It only takes a quick visit to the Center to observe the amazing differences being made in the lives of our members. All this is possible thanks to the support of Anderson Township and our wonderful financial donors.

With holiday gift-giving around the corner, we ask that you, your family, and friends consider making a tax-deductible donation to the Anderson Township Senior Center. If you've made a gift in the past, thank you for helping to improve the lives of our local seniors. We hope you will make another gift this year. Your gift will help to continue quality programs and experiences for our valuable and deserving members.

If you or others wish to donate, please make checks payable to the Greater Anderson Township Betterment Commission and write 'Senior Center' on the memo line. These tax-deductible donations may be brought to the Senior Center or mailed to Anderson Township Senior Center, 7970 Beechmont Avenue, Anderson Township, OH 45255. Those seeking to contribute can also use the link on our website to donate with a credit card:

www.AndersonTownshipOH.gov/senior-center/donate.

Thank you for your support,

The Anderson Township Senior Center Advisory Committee